

# The Mackay Advocate

Mackay Advocacy Inc

mackay community  
foundation

July 2015

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- Mackay Advocacy Inc was
- extremely lucky to be a recipient for a
- grant from The Mackay Community Foundation in 2015 to purchase 3 new computers for our office. This will then assist our organisation in providing up to date client files in accordance with policies and procedures and giving us a better ability to run our electronic diaries, access to the internet and other service providers and to allow us to be more efficient with time and better service delivery. The Mackay Community Foundation is an independent philanthropic organisation dedicated to supporting projects, activities and charities that sustain our region's most needy. The aim of The Mackay Community Foundation is to continually grow our base of investment funds in order to provide a permanent and growing source of funding which is then distributed to the community as annual grants to deductible gift recipients or other tax deductible entities.

**Mackay Advocacy Committee**

*President: Danny Baker*

*Vice President: Dave Conway*

*Treasurer: Jodie Meynell*

*Secretary: Naomi Rowler*

**Committee Members**

*Arthur Trott*

*Martha Power*

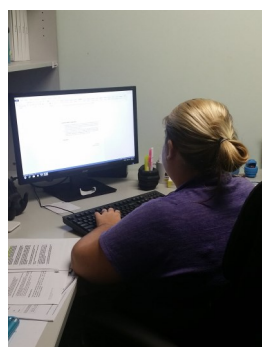
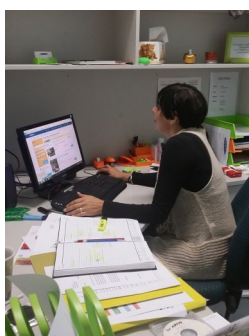
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*You're Invited!*

# MACKAY ADVOCACY OPEN DAY

**WHEN**

**12<sup>th</sup> August, 2015**  
**10am – 1pm**

**WHERE**

**Suite 5, 78 Victoria St**  
**Mackay Qld 4740**

**Mackay Advocacy Inc**

**RSVP:** [ADMIN@MACKAYADVOCACY.COM.AU](mailto:ADMIN@MACKAYADVOCACY.COM.AU) OR 49578710

**ALL WELCOME****INFORMATION  
AVAILABLE ON  
THE DAY**

Meet new and existing  
staff members and  
committee members

**HELP US TO  
CELEBRATE OUR  
18<sup>TH</sup> BIRTHDAY**

Become a member and  
have all your details  
updated on our data base

**SIGN UP FOR  
OUR QUARTERLY  
NEWSLETTER**

**Some of our Local Agencies  
around Mackay and  
The Whitsundays**



Domestic Violence  
Resource Service  
Mackay & Region



# ❄️ Stay Warm This Winter ❄️

- *Wear several thin layers, rather than one thick layer. This is because they trap warm air close to the body*
- *Draw your curtains, as soon as it gets dark to stop the heat escaping and the draughts coming in*
- *Keep any windows and internal doors closed when it's cold – this will keep heat inside, where you most need it*
- *A lot of heat is lost through the head and neck, so if you're chilly indoors, try wearing a hat and scarf*
- *Your body keeps warm by burning food you've eaten, so make sure you have regular hot meals that contain carbs, such as potatoes, pasta, bread and rice. Try porridge with hot milk for breakfast and soups and stews for lunch and dinner.*
- *If you're sitting down, a shawl or blanket will provide extra warmth. You should also try to keep your feet up, because air is cooler at ground level.*





# NAIDOC Week

## Mackay Family Day

### Queens Park

#### 10th July 2015

Our office was closed on Friday 10th July 2015, so that we could hold a stall at the annual NAIDOC Family Day Celebration at Queens Park. We purchased NAIDOC Week shirts for the occasion and hope to wear them throughout 2015 as part of our uniform. The weather was great and was awesome to see some old friends and be amongst the community on such a special occasion.



**Thank You! To all that completed and returned our *Client Satisfaction Survey.***

If you haven't returned your survey, it isn't too late and if you would like assistance please do not hesitate to contact our office.



#### Top 10 Extraordinary people with disability:

#### 4. John Nash

June 13, 1928 **Disability:** Schizophrenia

John Forbes Nash is an Noble laureate American mathematician whose work in game theory, differential geometry and partial differential equations are considered ground breaking. At a young age he was interested in scientific experiments which he carried out in his room. He studied Chemical engineering, chemistry and mathematics at Carnegie Mellon University. Later he was awarded a Fellowship at Princeton. In 1959 John Nash started showing severe signs of paranoia and started behaving erratically. He believed that there was an organization chasing him. In the same year he was admitted involuntarily to the hospital where he was diagnosed with paranoid schizophrenia. After treatment he was again admitted to the hospital this time voluntarily for 9 years were he given shock therapy. After returning from the hospital in 1970 he gradually started recovering. His work was becoming more successful and resulted in various awards and recognition. Prominent among them are John von Neumann Theory Prize in the year 1978 and Nobel Memorial Prize in Economic Sciences in the year 1994. An Academy Award winning film named 'A beautiful Mind' starring Russell Crowe was made which was loosely based on his biography.

#### 3. Jean-Dominique Bauby

April 23 1952 – March 9, 1997 **Disability:** Locked-in Syndrome

Jean-Do was a well-known French journalist and author and editor of the French fashion magazine ELLE. In 1995 he suffered a massive heart attack causing him to go into a coma for 20 days. After coming out of the coma he found himself with a very rare neurological disorder called Locked-in syndrome, in which the mental state is perfectly normal and stable but the body is paralysed from Head to Toe. In the case of Jean-Do he was able to move only his left eyelid. Despite his condition, he wrote the book *The Diving Bell and the Butterfly* by blinking when the correct letter was reached by a person slowly reciting the alphabet over and over again. Bauby had to compose and edit the book entirely in his head, and convey it one letter at a time. To make dictation more efficient, Bauby's interlocutor, Claude Mendibil, read from a special alphabet which consisted of the letters ordered in accordance with their frequency in the French language. The book was published in France on 7 March 1997. Bauby died just two days after the publication of his book.

Next issue: John Nash and Jean-Dominique Bauby

**Mackay Advocacy Inc. is certified for Quality Assurance.**

**MISSION STATEMENT**

**MACKAY ADVOCACY INC PROVIDES FREE CONFIDENTIAL,  
INDIVIDUAL ADVOCACY AND  
ASSISTANCE TO PEOPLE WITH A DISABILITY IN MACKAY AND OUTREACH AREAS  
TO ENSURE THEIR FUNDAMENTAL, HUMAN RIGHTS ARE MET.**

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**Human Services Quality Framework**

The Human Services Quality Framework demonstrates a commitment to quality and the use of this to drive efficient and effective business operations which result in quality outcomes for clients

The framework contains the following six Human Services Quality Standards:

- Governance and Management
- Service Access
- Responding to Individual Need
- Safety, Well-being and rights
- Feedback, complaints and Appeals
- Human Resources

**Standard 1: Governance and Management**

**Expected Outcome:** Sound Governance and Management systems that maximize outcome's for stakeholders.

**Context:** The organization maintains accountability to stakeholders through the implementation and maintenance of sound governance and management systems. These systems should reflect the size and structure of the organization and contribute to maximizing outcomes for people using services.

**Indicator 1.1:** The organization has accountable and transparent governance arrangements.

**Indicator 1.2:** The organization ensures that members of the governing body possess and maintain the knowledge, skills and experience required to fulfill their roles.

**Indicator 1.3:** The organization develops and implements a vision, purpose statement, values, objectives and strategies for service delivery that reflect contemporary practice.

**Indicator 1.4:** The organization's management systems are clearly defined, documented and monitored and (where appropriate) communicated including finance, assets and risk.

**Indicator 1.5:** Mechanisms for continuous improvement are demonstrated in organizational management and service delivery processes.

**Indicator 1.6:** The organization encourages and promotes processes for participation by people using services and other relevant stakeholders in governance and management processes.

**Indicator 1.7:** The organization has effective information management systems that maintain appropriate controls of privacy and confidentiality for stakeholders.

**United Nations Convention on the Rights of Persons with Disabilities**

The purpose of the Convention is to promote, protect and ensure the full and equal enjoyment of all human rights and fundamental freedoms by all persons with disabilities, and to promote respect for their inherent dignity.

