October Newsletter

Mackay Advocacy Inc

Book in for a very special class FRESH PASTA MAKING!

with Michelle from One Hungry Mumma

10:30am-1pm Friday, Nov 15 Finch Hatton



This special class is FREE but limited to just 10 lucky people who'd love to make fresh pasta and share a meal.

Please book your spot by emailing your name and contact number to valleyassist@mackayadvocacy.com.au

'Parker' the mobile Library Van is coming to a place near you...



- Wednesday, October 9
 9am to noon Finch Hatton, Anzac Parade
- Thursday, October 10
 2pm to 5pm Eungella, Goodes Lookout
- Wednesday, October 16,
 9am to noon Eungella, Goodes Lookout
- Friday, October 182pm to 5pm Finch Hatton, Anzac Parade

BETTER TOGETHER HOUSING - CONNECTING WOMEN OVER 55 WITH SHARED HOUSING OPPORTUNITIES

Get it Togethers are social gatherings for members of Better Together Housing and other interested women who may be considering the idea of shared housing. Women over 55 years can connect with other women, in a safe and secure way to explore the idea of sharing a home, learning and supporting one another.

WHO SHOULD COME ALONG

Mature women who:

- are interested in sharing their home (owned or rented)
- want to pool their resources with another older woman/women to find more affordable, comfortable and secure rentals
- are thinking about sharing but want to explore the idea a bit first

Meeting Dates 2024

- Thursday 5th September 10am-12pm
- Tuesday 8th October 10-11:30am
- Thursday 14th November 10-11:30am
- Wednesday 11th December 10-12pm

Venues to be confirmed, contact Lauren to find out more information

HOT DRINKS AND REFRESHMENTS ARE PROVIDED.

Please RSVP with your coffee order to Lauren on 0419 179 495

Check out the website www.bettertogetherhousing.com.au

What's on in October?

October 5-13 is Qld Mental Health Week Monday 7- King's Birthday Public Holiday Sunday October 13 - Eungella Market Day Mon 14 - FH Progress Association's AGM

Connect for mental health

Thursday 17 - ECDA monthly meeting









Did you know?

As a Pioneer Valley community member you have free access to:

- Computers / internet access
 - Printing facilities
 - * Free Wifi
 - * Tech assistance

Visit the Finch Hatton Wellness Space, Pioneer Valley Assist - located next to The Criterion. Call 0456 922 492 to check opening times and availability.

Community Notice Board



Email your events and employment opportunities to valleyassist@mackayadvocacy.com.au

Finch Hatton Progress Association AGM

5.30PM MONDAY
OCTOBER 14
FINCH HATTON RSL

\$10 to become a yearly member of the Progress Association. Monthly meetings held second Monday of the month.

Earth Side Yoga classes

Finch Hatton Central

9am Monday - Thursday - \$15 8.30am Saturdays \$5

Eungella Town Hall

10.30am Saturdays \$15



To reserve your place, text: 0431 220 790 or email: earthsideyoga@gmail.com

www.earthsideyoga.com.au

Libraries' Tech Assistance

From 9.30am Wed 30th October Valley Assist Finch Hatton office

Got a computer/device/technology problem you need help with? Book a session with one of the helpful Mackay Library staff by contacting Valley Assist. Call 0456 922 492 valleyassist@mackayadvocacy.com.au

Eungella Hub

Eungella Markets

Sunday, October 13

ECDA community meeting

6.30pm Thursday, October 17

Members and community welcome

SAVE THE DATE - Christmas Party!

Saturday, November 30

Community Craft Wednesdays



10am to 1pm every Wednesday
Mackay Advocacy
Finch Hatton office

Have a craft you'd like to share with others? Contact us! valleyassist@mackayadvocacy.com.au

Eungella Chalet

Free Live Music on Sundays (weather permitting)

Finch Hatton Criterion

Friday Night Meat Raffles

Winner drawn around 7pm

All proceeds to go to RSL, P&Cs or local groups

Live Music - Sunday October 6

Check Criterion's Facebook for details

LOCAL EVENTS